

## Physiotherapist/ Kinesiotherapist

The objective of [Une Option de Plus](#) (One More Option) is to bring a real support to the initiatives of associations in Ecuador, whose goal is to improve the living conditions of the people there. We support small NGOs working in Ecuador, which intervene in the following areas : health care, éducation and socio-economic improvement.

« [Creando Futuro](#) » supports the development of micro enterprises run by housewives, disabled young people and farmers living in rural areas.

### **Description of volunteer position**

- Context for the request:

Among the foundation's projects, we have prioritised the basic, most important and most urgent needs requiring the help of professional volunteers.

#### **• Description of the Role:**

-Work with people with various disabilities (different levels of disability and ages).

-Support the Association's specialists in this activity, to promote rehabilitation of the beneficiaries.

-The activities will be adapted to fit the profession and professional title of the volunteer, in line with his/her knowledge and level of professional experience.

#### **• Aims of the Role:**

To improve the quality of life of disabled people through movement therapy.

Share working techniques with the association's specialists to help them to innovate in the practical, theoretical and recreational support they offer to the programme beneficiaries.

Co-ordinate the activities in a way that suits the reality of each social community and the different types of disability.

#### **• What the volunteer's contribution will provide to the foundation:**

Continuity of training for the association's specialists: the discovery and learning of new techniques.

#### **• Length of the volunteer position:**

From 3 months to a year, depending on the availability of the volunteer.

#### **• Working hours per day and working days per week:**

The volunteer would work from Monday to Friday, eight hours a day maximum, and sometimes on the weekend, depending on the activities planned by the Association. The Association is flexible about the working hours of the volunteer.

#### **• Describe a typical day:**

Supervising visits with one of the association's specialists: 50 families/2 weeks.

Candidate profile

**- Experience:**

Experience of work as a physiotherapist or kinesiotherapist with people with a disability.

**• Education:**

Qualified or having finished studies in the field.

**• Level of Spanish:**

A good level of understanding, the ability to hold a conversation.

**• Required skill set and personal attributes:**

Active, dynamic, responsible, willing to get involved, empathic, able to look at situations objectively.

**Financial conditions**

- Costs covered by the association:

Accommodation and some meals (depending on work timetable).

**• Costs covered by the volunteer:**

Costs of travel to Muisne, visa, personal expenditure.

**• Details of accommodation and food provided:**

Accommodation within the Association's premises (single room on the first floor, basic level of comfort)

Meals at the restaurant El Mangle

Further details

Activities can be changed and may evolve depending on what suits the volunteer when he/she has arrived at the association. After the volunteer (with professional skills) has visited the communities and assessed the activities, he/she may have other ideas and recommendations, which will be taken into account for the well-being of the association's beneficiaries.

Required documents

C.V + Covering letter to [benevolat@uneoptiondeplus.org](mailto:benevolat@uneoptiondeplus.org)