# About us

The International Humanity Foundation (IHF) offers a unique Volunteer Internship position at our Nakuru, Kenya children's home for medical and nursing students. Together with your help, we aim to improve health awareness among our children, their families and our local community. As a Work Study Volunteer, you would complete four hours of local work and four hours of international work a day alongside an international staff dedicated to global development and helping children have access to more opportunities. You will have substantial responsibilities and be a valued part of a grassroots not-for-profit NGO at the ground level.

# About the role

This position offers the opportunity to gain health-related experience in a low income setting to enhance your CV and set you apart from your peers. You will develop skills related to health promotion and community education, and will practice hands-on application of your medical skills by directly treating minor health problems of the children. You will also learn intimately about the international issues of education, human rights, abuse and poverty as well as local issues such as indigenous rights, land tenure, and ethnic conflicts.

Most importantly, you will be substantially helping those who do not otherwise have the means to access quality and affordable healthcare. By passing on your knowledge to local leaders, your efforts will result in sustainable, long-term changes. You may even have the opportunity to develop and run your own health program – this can be focused around any specific interests you have in your current studies relevant to the center's needs.

For your international tasks you will be assigned teams made up of volunteers from other centers, and you will work on administrative tasks not just for the Nakuru center, but for the whole organization. Your tasks may include producing media content, assisting with fundraising efforts and generating online outreach efforts to promote our organization's goals and projects. We will particularize your tasks to suit your skill set, so that your expertise in health care benefits all IHF centers. This is a great opportunity to experience the overall management of an international organization and receive training in a multi-level, multifaceted work environment. Before arrival at the center, you will already become a part of the team by completing pre-trip tasks with our international teams to gain an understanding of the kind of work you will be doing.

IHF is run entirely by volunteers, including center co-Directors, fostering a unique work setting. The co-directors at the center will supervise you, listen to your ideas and acknowledge your contributions.

Our organization will work with your university to award you credit whenever possible and will try to comply with any guidelines to secure grant or scholarship funding available at your university.

## Requirements

- You must be fluent in written and spoken English.
- We prefer candidates who have completed at least the first year of a medical degree or have a basic qualification as a Registered or Community Nurse (newly qualified graduates are welcome).
- We are looking for people who know basic first aid a St John's Ambulance certificate would be desirable— and hold a current Criminal Records Bureau certificate (UK) or International Police Safety Clearance.
- Experience working or volunteering with children is a major plus.
- Each IHF center is a product of its environment and follows the cultural code and norms of its host country. So must our staff and interns. Our volunteers must have high inter-cultural sensitivity and be tolerant to different views and ways of life.
- Minimum age 18 year old or above 16 with parent's consent, unless volunteering in family.

#### Fee

We provide basic accommodation and food at our centers, where you will live with your co-workers. Unfortunately, as a nonprofit, we are unable to provide these amenities freely and we charge \$75 per week for the first month of your stay and \$55 if any subsequent weeks. We are not able to cover travel or insurance expenses or any other related costs, but we will help you with your travel and visa planning. We will also try to comply with guidelines to secure any grant or scholarship funding available at your university.

## Apply

Please familiarize yourself further with our organization reading the IHF Annual report 2014 that contains the latest information about IHF Centers, Programs, Achievements, Finances and many more

at <u>http://hosted.verticalresponse.com/1317609/1928b08739/TEST/TEST/</u> and our our blog where you can find stries of current and former volunteers <u>http://ihfblog.wordpress.com/home/</u>

We were given a 2013 Inspiring Story -- Responsible Tourism Award! Read more about it at <u>http://rt.wildasia.org/2013/10/25/2013-inspiring-stories-destinations/</u>.

See our great ratings at <a href="http://greatnonprofits.org/reviews/international-humanity-foundation-1/">http://greatnonprofits.org/reviews/international-humanity-foundation-1/</a>.

If you have any questions about our organization or programs, please contact volunteering@ihfonline.org

If you are ready to apply, please send your CV to applications@ihfonline.org